

Wealth Solution Using Free Solar Energy

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Abstract: As majority of current population is young, a research to equip the newgen workforce for the next world is attempted. The scientifically backed mythological concepts from 7323 BCE are reviewed. The advantages of the most positive mantra are explored for spiritual and mental peace. In the light of United Nations proclamation of 21 June as International Yoga Day which saw 175 out of the 193 nations joining as a co-sponsors making it the highest number ever for any resolution in the history of the UN General Assembly, the benefits of SURYA NAMASKAR from Yoga Sutra of Patanjali Maharshi is explained for physical fitness. For financial health and cashflow, modern scientific developments in solar energy segment together with plummeting solar panel costs are discussed. The emergent requirement of containing carbon emission and alarming global warming are also reckoned. In conclusion a comprehensive package intertwining mantra, yoga and cashflow utilizing free solar gifts for a better future world sans global warming is presented to the majority young generation to become avtar of tomorrow makers.

Keywords: young –equip- mantra – yoga –solar - cashflow - global warming - package.

I. INTRODUCTION

The nature of the work includes reading articles in newspapers, magazines, journals, encyclopedia and even explore the Internet and World Wide Web for information. I used our local public libraries, interviewing friends or other knowledgeable people. Purpose of this work is to find a link between mythological concepts and modern science for a peaceful way of life. Research can be a way of life; it is the basis for many of the important decisions in our lives. Without it, we are deluged with information, subjected to the claims of advertisers, or influenced by hearsay in making sense of the world around us. This informal, experiential research helps us decipher the flood of information we encounter daily.

II. MAIN CONTENT

I am 21 now. Today's world is amazingly young. Are you under 34? Then you are representing the world because more than half of the world population, ie, 57% of the world is under 34.

This is amazing because the average age today is 29.9. But what you've got with the average ages at a time when the rest of the world is aging. Because by 2020, the average age in Japan is going to be 47, China 40, Europe 46, the youthful United States 40, and India is going to be 29.

Wah! Don't be complacent. Be prepared for the fast approaching opportune time. Since you know Luck is when your hard work and preparation meet opportunity.

But do we have the ability to equip the people to take advantage of this, to be the workforce of the work engine for the next world? See, if we get it right, with abundant access to clean solar energy, let us educate and train, we really transform not just our own economy and society, but the entire world.

If we get it wrong, the demographic dividend becomes a demographic disaster. Because, we can see a lot of under healthy, unemployed, frustrated, under educated youth.

Now how can we do it?

First, we have to chart out the requirements. Everything happens first in mind, then in reality. Am I right?

There is a saying that human life is always with imponderable tensions. When you were a child, you were having enough time and immense energy, but you were lacking MONEY.

When you became young, you were having enough energy and money but lacking TIME to enjoy.

During old age, you may have earned sufficient money and spare time, but you will see that you are not having the requisite ENERGY.

To enjoy the above boons of living you have to maintain mental, spiritual, physical and financial health together with an environmentally optimum global ecosystem.

All these are possible only if we save our living earth, emission norms are met and alarming proportions of global warming are contained systematically.

Solar energy in our world is not just a social or economic requirement, it's even an existential requirement. We've got to equip our people to take advantage of what the next century offers them.

WHAT I AM BRINGING HERE IS DIGGING OUT A WHOLESOME PACKAGE:

So don't waste time. The SUN God gives us all health, peace and money, all for free.

We all know we receive abundant solar incidence.

India, being in the northern hemisphere is the pioneer in inculcating with solar practices from times immemorial starting from the Sun God. Indian mythological Lord Rama belongs to Solar Dynasty. Rama Navami is celebrated across the cultural landscape. The time frame of His appearance may shed more light on the antiquity of Vedic culture. In an April 2011 edition of the *Times of India*, Saurabh Kwatra writes that using the zodiac and the recorded *tithis*, marking days according to the phases of the moon, it is calculated that the birth of Lord Rama, as related in the Valmiki *Ramayana*, was December 4th, 7323 BCE. While using other forms of planetary computer software, other scholars have also come up with similar dates. Hence we draw energy for a healthy living date back from the birth of Lord Rama, i.e., from December 4th, 7323 BCE.

Now let us start from what we have, that is, from our positives. What we require to serve the world with our huge young human talent? First of all, list it out: Spiritual and mental Peace, Physical health and Fitness, Energy for availing the boons of latest technology and Cashflow for enjoying all these.

From time immemorial to current day, the Suryagayathri mantra is ideal for spiritual containment and peace of mind. A recent study reveals the trick.

Here is the mantra for you.

OM BHUR BHURVSWAHA

THA:D SA VIDHURVARENYAM

BHARGO DEVASYA DHEEMAHIM

DHIYO YONA PRACHOTAYAAD

The simple meaning is like this:

Oh! World, Earth and Heaven all are bathed in the wonderful sunlight, meditate, divinity radiating all around which gives inspiration to our mind.

Chanting of Gayatrimantra daily has a lot of benefits as it basically affects your body physically, mentally and psychologically. Here are the benefits:

- Gayathri Mantra keeps mind calm and cool.
- It also improves your body immunity system.
- There is an important key aspect as it controls the uneven emotions.
- It increases the concentration power and learning ability.
- It also keep and maintains the body blood pressure.

- It may improve your breathing problems.
- Gayathri Mantra gives your skin brightness.
- This mantra helps beat the internal problems like stress, fear and nervousness.
- It also helps your heart problems.

While chanting Gayathri Mantra your physical presence and your body will be cool with peace of mind. It's good to chant Gayathri Mantra for students because it may improve their concentration power while studying. Every normal person can chant daily. When you recall this mantra you feel like bliss and there is a something reflection to your face. Once you start chanting Gayathri Mantra you will never forget in the whole life. There is a something inside energy you will get from chanting Gayathri Mantra. Even sometimes it may be helpful for gaining memory. Finally, it helps you to direct login to the creator's global system.

The greatest advantage of God Sun's product of sun rays is that it is the only thing in this world which can purify everything while keeping itself clean. Whereas in all other cases of panchabhootha, the cleaner gets polluted during the process of cleaning.

Then comes physical fitness.

Surya Namaskar (sanskrit: **सूर्यनमस्कार**), salute to SUN God is a flow of continuous 12 capsule physical exercises or asanas to be completed in approximately 8 to 10 minutes. Originated in the world as a usual early morning practice. It was practiced by the Hindu population as a ritual for their better physical health from time immemorial. They intertwined this everyday primary physical exercise with worshipping of the solar deity SUN God to ensure regular performance. The ancient population of the Indian subcontinent was having a culture of treating everything good in a divine way as an offering to the creators of the Universe.

It can be performed both indoor and outdoor. This sequence of movements and asanas can be practiced on varying levels of awareness, ranging from that of physical exercise in various styles, to a complete sadhan which incorporates asan, pranayam, mantra and chakra. It is often the beginning vinyas within a longer series of yoga. Sūrya Namaskar may also refer to other styles of "Salutations to the Sun". The Sun Salutation is regularly practised in many Indian schools.

Benefits of SURYA NAMASKAR (the Sun Salutation Yoga Pose): Surya Namaskar has a deep effect in detoxifying the organs through copious oxygenation and has a deeper relaxing effect. It is a series of twelve physical postures. The alternating backward and forward bending postures flex and stretch the spinal column through their optimum range, giving a relaxing stretch to the whole body. Often, after a hard day's work, we would just flop down on the couch relaxing our bodies - but it is NOT so. The stagnant energies remain locked up and the organs remain de-oxygenated to a large extent.

The other benefits are as follows:

Alternate stretching and compression of abdominal organs tones up the digestive system.

Activates digestion and gets rid of constipation and dyspepsia.

Strengthens abdominal muscles.

Thoroughly ventilates the lungs and oxygenates the blood.

Gets rid of enormous quantity of carbon dioxide and other toxic gases

Acts as detoxifying agent.

Promotes sleep and calms anxiety.

Improves memory and tones up the nervous system.

Normalizes the activity of the endocrine glands - especially the thyroid gland.

Refreshes the skin.

Prevents Skin disorders.

Improves muscle flexibility.

In women, stimulates the breasts to help firmness normally.

Restores any lost elasticity, through stimulation of glands and the strengthening of pectoral muscles.

Menstrual irregularity and assists in easy childbirth.

Suppresses hyper tension

Prevents loss of hair and graying.

Helps reduce fat.

Reduces abnormal prominence of the Adam's apple.

Eliminates unpleasant smells from the body.

Lends grace and ease of movements to the body.

Revives and maintains the spirit of youthfulness.

Broadens chest and beautifies arms.

Makes the spine and waist flexible.

Produces health, strength, efficiency and longevity.

Then comes the CASHFLOW technique of money minting solar energy opportunity.

Here is an opportunity to earn money by any householder in World in dual ways. On one side, we can reduce our electricity consumption bill by replacing it with solar power using photovoltaic or solar thermal facilities. On the other side, we can sell the solar energy generated from our home using the installed power panels. Even if you have gone for your job outside you will have a cash cow at home by transmitting power to the electricity grid, thereby flowing money into your bank accounts on net metering. In addition to that you will be having savings in the form of carbon credits which can be encashed in future as a fixed deposit.

Boosting clean energy over dirty fossil fuels is high on the agenda and solar is booming. China is aggressively pursuing the green technology. The plummeting solar panel costs and their surprising fringe benefits is crucial to keeping carbon emissions down. Booming cities are another huge challenge, with many struggling with blackouts, particularly when temperatures soar and air conditioning is ramped up. The world with 300-plus days of sunshine a year, rooftop solar is an attractive solution.

Offgrid is a very viable solution, especially for small, remote villages. Rooftop solar is generating abundant enthusiasm across the world.

The World must develop ambitious plans to expand infrastructure, create jobs, improve the lives of people, get 24/7 power in every home. There is huge magnitude of the demand shift for solar.

We will see a snowballing of solar energy developments in the World in the next few years.

We expect solar energy will turn out to be the most feasible and most attractive form of energy supply. It is significant how we will fulfill the ambitious goal. Electricity can transform people's lives, not just economically, but socially also.

Only recourse to you is to act.

The entire world with full fledged team is with you to lift you up.

So what is your action plan?

Step 1: CHANT SURYAGAYATHRI MANTRAM everyday on getting up in the morning for your mental and spiritual peace and prosperity and success by direct linking to the creator.

Step 2: PRACTICE SURYANAMASKAR for your physical wellbeing as health is the prime ingredient of wealth. Without health you cannot enjoy wealth.

Step 3: INSTALL SOLAR ENERGY ROOFTOP PANELS in your home for silent cash flow of money into your account. It can integrate the global system with utilization of free energy while saving the ecosystem.

III. CONCLUSION

This paper brings out a wholesome package intertwining mantra ,yoga and cashflow utilizing free solar energy for the majority young generation to become avtar of tomorrow makers. Advantages of mantra ,yoga and solar energy panels are explored. Dangers of carbon emission and global warming are explained. Start the day with Suryagayathri mantra for mental peace and God's blessings, followed by Surya Namaskar for a robust physical health. Continue with unlimited regular cash flow from Solar energy generation in to your bank accounts to lead a wholesome life mentally, physically and wealthily as the SUN God gives a compact opportunity totally free of cost. A step by step action plan is provided at the end as given below:

Step 1: CHANT GAYATHRI MANTRA everyday in the morning for mental and spiritual peace.

Step 2: PRACTICE SURYANAMASKAR for physical wellbeing as health is the prime ingredient of wealth.

Step 3: INSTALL SOLAR ENERGY ROOFTOP PANELS in home for silent cash flow of money into bank account.

It can ultimately develop a robust generation reducing global warming to make the earth a better dwelling place all using the free solar energy.

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